

SPIRITUAL CARE RESOURCES FOR TCU FACULTY AND STAFF

OFF CAMPUS PASTORAL CARE RESOURCES NEAR TCU

Pastoral care and support is always available with the chaplaincy staff at TCU for times of struggle, trauma and grief, and also always for just the every day matters of life, the big questions and A listening year during life's transitions– both big and small. Beyond campus, we can help you find resources for long-term pastoral counseling and spiritual direction. While this list is not exhaustive, it includes those who the TCU chaplaincy staff has worked with directly.

- **Center for Creative Transformation**
 - Type of Services: Pastoral Care
 - Located at First United Methodist Church of Fort Worth
 - Multiple Staff Available for Individual Counseling and Support Groups
 - <http://www.fumcfortworth.org/connect/counseling-support/>
 - 817-339-5071
- **University Christian Church**
 - Type of Services: Pastoral Care and Spiritual Direction
 - <http://www.universitychristian.org/ministries/pastoral-care/>
 - Thelia Chaffin, thelia@uccfw.com

GRIEF SUPPORT GROUPS NEAR TCU

A support group can be a great way to connect with others who are grieving.

- Arborlawn United Methodist Church
 - Six-week grief support groups, no charge
 - <http://www.arborlawnumc.org/grief-support-group>
 - 817-731-0701
- The WARM Place
 - Grief support groups for children and young adults (18-24)
 - <https://www.thewarmplace.org/>
- Grief Share
 - Support groups meeting weekly at various churches in the area
 - http://www.griefshare.org/countries/us/states/tx/cities/fort_worth

GRIEF COUNSELORS

- **Dr. Patrick O'Malley**
 - Grief therapist
 - <http://drpatrickomalley.com/>
- **Kathy Telger**
 - Grief therapist
 - <https://www.kathytelger.com/>

FOR TCU FACULTY AND STAFF

- TCU Employee Assistance Program
 - Provides 3 free counseling session through TCU Healthcare Benefits
 - <http://hr.tcu.edu/employee-services/faculty-staff/benefits/employee-assistance-program/>